
Eastern Athletic Association

Track & Field Championships



Saturday 30th June 2018

Embankment Track, Peterborough

Results

Senior Men

U20 Men

U17 Men

U15 Boys

U13 Boys

Senior Women

U20 Women

U17 Women

U15 Girls

U13 Girls

Click on Age groups to View Results



SM 100 Final

1	11.27	39	Ashley Watson	Nene Valley Harriers
2	11.32	41	Freddy Williams	City Of Norwich AC
3	11.36	30	Gideon Okoh	Nene Valley Harriers
4	11.50	16	Ben Gibbs	Thurrock Harriers
5	12.10	2	Zoheb Arif	Leeds University Ac/cc Club
6	12.52	29	Liam O'Dell	City Of Norwich AC

SM 1500 Final

Guest	4.10.18	13	Christopher Dryden	New Zealand
1	4.18.57	31	James O'Neill	Ryston Runners
2	4.30.84	32	Andrew Parmenter	Cambridge & Coleridge AC
3	4.53.88	27	Joe McGrath	Basildon AC

SM 200 Final

1	22.50	36	Lewis Thorn	Braintree & District AC
2	23.55	18	James Greenhalgh	West Norfolk AC
3	23.69	20	Adam Herring	Blackheath and Bromley Harr
4	26.00	29	Liam O'Dell	City Of Norwich AC

SM 3000 Final

1	9.19.03	31	James O'Neill	Ryston Runners
2	9.22.32	11	Ryan Marc Davidson	Bure Valley Harriers
3	9.27.86	34	Steve Robinson	Peterborough AC
4	9.40.83	14	Craig Emmerson	Bedford & County AC
5	12.41.80	23	Shane Lawrence	Cambridge University Hare a

SM 400 Final

1	50.64	36	Lewis Thorn	Braintree & District AC
2	51.25	37	Chris Thornley	Bedford & County AC
3	51.37	26	James McCrae	Nene Valley Harriers
4	52.51	20	Adam Herring	Blackheath and Bromley Harr

SM 400 Hurdles Final

1	56.90	18	James Greenhalgh	West Norfolk AC
2	59.77	4	Jack Benedickter	Bedford & County AC
3	62.96	5	Peter Benedickter	Bedford & County AC

SM 800 Final

1	1.58.08	26	James McCrae	Nene Valley Harriers
2	2.05.52	31	James O'Neill	Ryston Runners

SM Discus Final

1	48.51	6	Joe Bloomfield	Chelmsford AC
2	44.51	12	Devon Douglas	Woodford Green AC with Ess
3	38.9	35	Aedan Slack	Cambridge & Coleridge AC
4	34.70	24	Declan Manning	City Of Norwich AC

SM Hammer Final

1	56.58	25	Richard Martin	Bedford & County AC
2	55.88	6	Joe Bloomfield	Chelmsford AC
3	40.51	35	Aedan Slack	Cambridge & Coleridge AC
4	33.64	24	Declan Manning	City Of Norwich AC

SM High Jump Final

1	1.65	21	Gareth Hunt	Ryston Runners
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SM Javelin Final

1	48.87	10	Roy Chambers	Woking AC
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SM Long Jump Final

1	5.88	21	Gareth Hunt	Ryston Runners
2	4.50	28	Luke Nash	West Norfolk AC

SM Pole Vault Final

1	3.00	27	Joe McGrath	Basildon AC
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SM Shot Final

1	12.81	42	Hugh Williams	Woodford Green Ac With Ess
2	12.04	24	Declan Manning	City Of Norwich AC
3	11.88	35	Aedan Slack	Cambridge & Coleridge AC

SM Triple Jump Final

1	14.22	8	Joshua Bones	Scunthorpe & District Ac
2	10.71	21	Gareth Hunt	Ryston Runners

SW 100 Final

1	12.36	200	Ellie Bandy	Herts Phoenix AC
2	12.95	201	Tayla Benson	West Norfolk AC
3	13.01	227	Victoria Staines	Southend On Sea AC
4	14.38	205	April Castle	Braintree & District AC

SW 100 Hurdles Final

1	18.22	205	April Castle	Braintree & District AC
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SW 1500 Final

Guest	4.24.07	223	Katrina Robinson	New Zealand
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SW 200 Final

1	29.02	227	Victoria Staines	Southend On Sea AC
2	30.48	205	April Castle	Braintree & District AC

SW 400 Final

1	57.96	224	Lauren Rule	Stevenage & North Herts AC
2	59.92	219	Kirstie Overfield	Basildon AC
3	62.24	222	Francesca Riley	Biggleswade AC
4	63.44	207	Stacey Evers	Colchester Harriers AC
5	63.61	210	Amy Frith	Bedford & County AC
6	64.35	217	Katie Margaron	Cambridge & Coleridge AC

SW 800 Final

1	2.22.09	207	Stacey Evers	Colchester Harriers AC
2	2.33.25	212	Hannah Hall	Cambridge & Coleridge AC

SW Discus Final

1	36.70	215	Andrea Jenkins	Nene Valley Harriers
2	35.59	214	Georgina Howe	Chelmsford AC
3	30.70	206	Debbie Castle	Braintree & District AC
4	19.17	218	Eleanor Moss	Herts Phoenix AC

SW Hammer Final

1	46.43	214	Georgina Howe	Chelmsford AC
2	46.15	228	Gemma Vickery	City Of Norwich AC
3	44.41	215	Andrea Jenkins	Nene Valley Harriers
4	25.48	206	Debbie Castle	Braintree
5	17.07	218	Elesnor Moss	Herts Phoenix

SW High Jump Final

1	1.75	225	Moe Sasegbon	Stevenage & North Herts AC
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SW Javelin Final

1	31.41	206	Debbie Castle	Braintree & District AC
2	30.37	218	Eleanor Moss	Herts Phoenix AC
3	29.20	211	Alice Galloway	Cambridge & Coleridge AC

SW Long Jump Final

1	4.34	205	April Castle	Braintree & District AC
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SW Pole Vault Final

1	3.20	204	Holly Brown	Peterborough Ac
2	3.10	203	Erin Breen	Herts Phoenix

SW Shot Final

1	9.66	211	Alice Galloway	Cambridge & Coleridge AC
2	8.94	206	Debbie Castle	Braintree & District AC
3	7.46	201	Tayla Benson	West Norfolk AC
4	6.28	218	Eleanor Moss	Herts Phoenix AC

SW Triple Jump Final

1	11.61	213	Shanara Hibbert	Luton Athletic Club
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U13B 100 Final

1	12.75	250	Otis Omoniyi	Watford Harriers
2	12.85	243	David MacQueen	Ryston Runners
3	12.9	235	Ben Agbenu	Bedford & County AC
4	13.14	236	Dominic Alexandru	Havering AC
5	13.32	245	Dylan Mitchell	Bedford & County AC
6	14.49	257	Jack Wheatley	Peterborough AC
7	14.65	237	Sebastian Alexandru	Havering AC
8	15.37	248	Samuel Nash	West Norfolk AC

U13B 100 Heat 1

1	13.25	243	David MacQueen	Ryston Runners
2	13.29	235	Ben Agbenu	Bedford & County AC
3	14.58	237	Sebastian Alexandru	Havering AC
4	15.13	248	Samuel Nash	West Norfolk AC

U13B 100 Heat 2

1	12.72	250	Otis Omoniyi	Watford Harriers
2	13.22	236	Dominic Alexandru	Havering AC
3	13.45	245	Dylan Mitchell	Bedford & County AC
4	14.24	257	Jack Wheatley	Peterborough AC
5	15.32	238	Maximilian Brookes	Diss and District AC

U13B 200 Final

1	26.31	250	Otis Omoniyi	Watford Harriers
2	27.04	243	David MacQueen	Ryston Runners
3	27.06	245	Dylan Mitchell	Bedford & County AC
4	27.95	236	Dominic Alexandru	Havering AC
5	27.98	242	Daniel Lammas	Havering AC
6	29.16	255	Lester Ward	Southend On Sea AC

U13B 75 Hurdles Final

1 (CBP)	12.02	236	Dominic Alexandru	Havering AC
2	14.80	237	Sebastian Alexandru	Havering AC
3	16.42	247	Alex Mortimer	Huntingdonshire AC

U13B 800 Final

1 (CBP)	2.13.33	244	Luca McGrath	Cambridge & Coleridge AC
2	2.18.24	246	Isaac Morris	Cambridge & Coleridge AC
3	2.20.25	251	Benjamin Peck	Thetford AC
4	2.35.52	256	Tom Waterworth	Huntingdonshire AC
5	2.48.64	237	Sebastian Alexandru	Havering AC
6	2.48.99	241	Toby Johnson	Havering AC
7	2.57.65	239	Elija Browne	Havering AC

U13B Long Jump Final

1	4.74	243	David MacQueen	Ryston Runners
2	4.39	249	Harry Nunn	Southend On Sea AC
3	3.66	248	Samuel Nash	West Norfolk AC
4	3.55	241	Toby Johnson	Havering AC
5	3.48	238	Maximilian Brookes	Diss and District AC
6	3.44	239	Elija Browne	Havering AC

U13B Shot Final

1	7.99	245	Dylan Mitchell	Bedford & County AC
2	6.22	238	Maximilian Brookes	Diss and District AC
3	5.10	247	Alex Mortimer	Huntingdonshire AC

U13G 100 Final

1	13.80	283	Kaia Purdie	Cambridge & Coleridge AC
2	13.90	285	Eve Seyf	Cambridge & Coleridge AC
3	13.99	269	Freya Coley	Chelmsford AC
4	14.26	289	Gabby Wright	Waveney Valley AC
5	14.28	270	Tamsin Digpal-Race	Huntingdonshire AC
6	14.7	272	Rose Fairhurst	City Of Norwich AC
7	15.14	288	Hollie Willeard	Great Yarmouth & District AC

U13G 100 Heat 1

1	14.23	283	Kaia Purdie	Cambridge & Coleridge AC
2	14.67	270	Tamsin Digpal-Race	Huntingdonshire AC
3	15.01	272	Rose Fairhurst	City Of Norwich AC
4	15.05	279	Lucy Oakley	Ryston Runners
5	15.21	288	Hollie Willeard	Great Yarmouth & District AC

U13G 100 Heat 2

1	14.10	285	Eve Seyf	Cambridge & Coleridge AC
2	14.23	269	Freya Coley	Chelmsford AC
3	14.39	289	Gabby Wright	Waveney Valley AC
4	15.37	268	Emily Butler	Thurrock Harriers

U13G 200 Final

1	28.29	281	Nneka Okoh	Chelmsford AC
2	28.98	271	Cara Duncan	Braintree & District AC
3	29.25	285	Eve Seyf	Cambridge & Coleridge AC
4	29.51	289	Gabby Wright	Waveney Valley AC
5	30.64	274	Moria Howard	Huntingdonshire AC
6	31.04	270	Tamsin Digpal-Race	Huntingdonshire AC

U13G 200 Heat 1

1	28.43	281	Nneka Okoh	Chelmsford AC
2	29.16	289	Gabby Wright	Waveney Valley AC
3	30.00	274	Moria Howard	Huntingdonshire AC
4	30.14	290	Elena Rivetti	Peterborough AC

U13G 200 Heat 2

1	28.7	271	Cara Duncan	Braintree & District AC
2	29.48	285	Eve Seyf	Cambridge & Coleridge AC
3	31.47	270	Tamsin Digpal-Race	Huntingdonshire AC
4	32.44	268	Emily Butler	Thurrock Harriers
5	34.53	267	Charlotte Bridger	Cambridge & Coleridge AC

U13G 70 Hurdles Final

1 (CBP)	11.4	277	Katie Marsh	Nene Valley Harriers
2	12.1	286	Sadie Werrett	Bedford & County AC
3	12.4	290	Elena Rivetti	Peterborough AC
4	12.4	284	Mia Rowan	Harlow AC
5	12.9	288	Hollie Willeard	Great Yarmouth & District AC
6	14.0	272	Rose Fairhurst	City Of Norwich AC
7	15.0	267	Charlotte Bridger	Cambridge & Coleridge AC

U13G 800 Final

1	2.33.7	282	Katie Olive	Bedford & County AC
2	2.35.8	276	Daisy Mainwaring	Watford Harriers
3	2.36.2	273	Lola Fletcher	Peterborough AC
4	3.04.6	275	Sophie Leslie	Bedford & County AC

U13G Long Jump Final

1	4.58	277	Katie Marsh	Nene Valley Harriers
2	4.45	281	Nneka Okoh	Chelmsford AC
3	4.17	274	Moria Howard	Huntingdonshire AC
4	3.89	284	Mia Rowan	Harlow AC
5	3.87	269	Freya Coley	Chelmsford AC
6	3.67	288	Hollie Willeard	Great Yarmouth & District AC
7	3.28	267	Charlotte Bridger	Cambridge & Coleridge AC
8	3.18	271	Cara Duncan	Braintree & District AC

U13G Shot Final

1 (CBP)	9.55	279	Lucy Oakley	Ryston Runners
2	8.34	265	Willow Bedding	Huntingdonshire AC
3	7.35	270	Tamsin Digpal-Race	Huntingdonshire AC
4	6.00	272	Rose Fairhurst	City Of Norwich AC

U15B 100 Final

1	11.76	71	Merveilles Massebo	Woodford Green AC with Ess
2	11.81	68	William Kong	Nene Valley Harriers
3	12.32	74	Alexander Munoz Dav	The HAWCS
4	12.62	90	Bryce Tabshabalala	Peterborough AC
5	12.81	45	Desmond Agbenu	Bedford & County AC
6	13.83	54	Liam Clare	Ryston Runners

U15B 100 Heat 1

1	12.03	68	William Kong	Nene Valley Harriers
2	12.11	79	Ayo Opaleye	Huntingdonshire AC
3	12.69	45	Desmond Agbenu	Bedford & County AC
4	13.86	54	Liam Clare	Ryston Runners

U15B 100 Heat 2

1	11.97	71	Merveilles Massebo	Woodford Green AC with Ess
2	12.37	74	Alexander Munoz Dav	The HAWCS
3	12.71	90	Bryce Tabshabalala	Peterborough AC
4	13.79	88	Matthew Simpson	Peterborough AC

U15B 1500 Final

1	4.23.01	72	Alexander Melloy	Cambridge & Coleridge AC
2	4.26.74	50	Matthew Blacklock	Havering AC
3	4.29.62	64	Ben Hunter	Watford Harriers
4	4.30.04	82	James Peck	Thetford Ac
5	4.40.67	81	Gabriel Parmenter	Cambridge & Coleridge AC
6	5.03.43	48	Thomas Ashton	Dacorum & Tring AC
7	5.07.83	98	Daniel Zailer Fletcher	Cambridge & Coleridge AC
8	5.13.40	77	Innes O'Malley	North Norfolk Harriers Athlet

U15B 200 Final

1	23.7	58	Aiden Fernando	Woodford Green AC with Ess
2	24.5	75	Alexander Nunn	Southend On Sea AC
3	25.2	51	Jacob Blanc	Havering Ac
4	25.2	94	Michael Van Haren	Waveney Valley AC
5	26.5	45	Desmond Agbenu	Bedford & County AC

U15B 300 Final

1	37.71	87	Samuel Shippey	Colchester Harriers AC
2	39.62	80	Samuel Oshodi	Woodford Green AC with Ess
3	40.89	55	Thomas Coley	Chelmsford AC
4	41.46	66	Joshua Keeble	North Norfolk Harriers Athlet
5	42.16	78	Mubarik Omer	Newham & Essex Beagles AC
6	42.58	52	Joel Burgess	Waveney Valley AC

U15B 80 Hurdles Final

1 (CBP)	11.00	59	Freddie Fraser	Nene Valley Harriers
2	11.12	84	Joe Purbrick	Huntingdonshire AC
3	11.15	62	Ruben Hedman	Braintree & District AC
4	12.76	51	Jacob Blanc	Havering Ac
5	13.95	73	Elliot Mortimer	Huntingdonshire AC
6	15.26	54	Liam Clare	Ryston Runners

U15B 800 Final

1	2.09.06	95	Tyler Wannerton	Stevenage & North Herts AC
2	2.09.46	60	Tom Gaunce	Dacorum & Tring AC
3	2.13.03	85	Jack Raine	Dacorum & Tring AC
4	2.14.55	66	Joshua Keeble	North Norfolk Harriers Athlet
5	2.15.15	96	Joseph Wheeler	Cambridge & Coleridge AC
6	2.15.18	67	George Keen	Cambridge & Coleridge AC
7	2.20.16	92	Dylan Tomaselli	Nene Valley Harriers
8	2.24.10	56	Howard Croft	Huntingdonshire AC
9	2.25.08	65	Brad Keay	North Norfolk Harriers Athlet
10	2.45.21	63	Freddie House	Nene Valley Harriers

U15B Discus Final

1	41.89	93	Cameron Try	Thetford AC
2	34.23	53	Donovan Capes	Nene Valley Harriers
3	32.50	94	Michael Van Haren	Waveney Valley AC
4	31.58	70	Nathan Litchfield	Bedford & County AC
5	29.56	61	Zack Grinsted	Luton Athletic Club
6	17.28	88	Matthew Simpson	Peterborough AC

U15B Hammer Final

1	38.44	70	Nathan Litchfield	Bedford & County AC
2	29.94	61	Zack Grinsted	Luton Athletic Club
3	22.53	97	Billy White	Cambridge & Coleridge AC

U15B High Jump Final

1	1.61	83	Dylan Phillips	Peterborough AC
2	1.55	90	Bryce Tabshabalala	Peterborough AC
3	1.50	76	Onyekachukwu Okoh	Chelmsford Ac
4	1.45	51	Jacob Blanc	Havering Ac

U15B Javelin Final

1	27.05	88	Matthew Simpson	Peterborough AC
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U15B Long Jump Final

1	5.78	68	William Kong	Nene Valley Harriers
2	5.75	80	Samuel Oshodi	Woodford Green AC with Ess
3	5.46	91	Nikolaos Tirchineci	Peterborough AC
4	4.98	79	Ayo Opaleye	Huntingdonshire AC
5	4.27	83	Dylan Phillips	Peterborough AC
6	3.85	54	Liam Clare	Ryston Runners

U15B Pole Vault Final

1	3.00	48	Thomas Ashton	Dacorum & Tring AC
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U15B Shot Final

1	12.76	53	Donovan Capes	Nene Valley Harriers
2	12.47	94	Michael Van Haren	Waveney Valley AC
3	11.53	93	Cameron Try	Thetford AC
4	11.03	97	Billy White	Cambridge & Coleridge AC
5	10.64	61	Zack Grinsted	Luton Athletic Club

U15B Triple Jump Final

1	12.12	79	Ayo Opaleye	Huntingdonshire AC
2	11.13	91	Nikolaos Tirchineci	Peterborough AC
3	10.45	52	Joel Burgess	Waveney Valley AC

U15G 100 Final

1	12.69	151	Isabella Smith	Havering AC
2	12.76	111	Emily Cann	West Suffolk AC
3	12.83	131	Elizabeth Harrison	Huntingdonshire AC
4	12.89	113	Jessica Clark	Cambridge & Coleridge AC
5	13.16	135	Emily Knight	Enfield and Haringey A C
6	13.30	101	Toyosi Agbaniyaka	Watford Harriers
7	13.52	142	Ella Reed	Huntingdonshire AC
8	13.66	155	Karis Thomas	Braintree & District AC

U15G 100 Heat 1

1	12.41	111	Emily Cann	West Suffolk AC
2	12.71	131	Elizabeth Harrison	Huntingdonshire AC
3	13.15	135	Emily Knight	Enfield and Haringey A C
4	13.37	101	Toyosi Agbaniyaka	Watford Harriers
5	13.45	142	Ella Reed	Huntingdonshire AC
6	13.55	100	Oluwafunmilayo Ade	Thurrock Harriers

U15G 100 Heat 2

1	12.68	151	Isabella Smith	Havering AC
2	12.90	113	Jessica Clark	Cambridge & Coleridge AC
3	13.37	155	Karis Thomas	Braintree & District AC
4	13.59	147	Ruby Schwarz	West Norfolk AC
5	13.64	138	Daisy Marshall	The HAWCS
6	13.98	104	Bethany Barrett	Dereham Runners & AC
7	14.51	156	Milly Unsworth	Cambridge & Coleridge AC

U15G 1500 Final

1	4.57.47	149	Natalie Simmons	Bedford & County AC
2	5.08.95	114	Abigail Clouston	Thetford AC
3	5.09.61	153	Memphis Symonds	City Of Norwich AC
4	5.13.50	137	Amelie Maris	Cambridge & Coleridge AC

U15G 200 Final

1	25.95	154	Elizabeth Taylor	Peterborough AC
2	26.41	141	Abbie Parker	Dacorum & Tring AC
3	26.67	131	Elizabeth Harrison	Huntingdonshire AC
4	26.76	113	Jessica Clark	Cambridge & Coleridge AC
5	27.40	144	Paige Robinson	Havering Ac
6	27.68	118	Daisy Coulson-Bascom	Huntingdonshire AC
7	27.95	115	Emily Collard	Cambridge & Coleridge AC

U15G 200 Heat 1

1	26.56	154	Elizabeth Taylor	Peterborough AC
2	27.63	118	Daisy Coulson-Bascom	Huntingdonshire AC
3	27.65	100	Oluwafunmilayo Ade	Thurrock Harriers
4	28.08	115	Emily Collard	Cambridge & Coleridge AC
5	28.10	144	Paige Robinson	Havering Ac
6	28.13	123	Rosie Field	Braintree & District AC
7	29.24	157	Maya Vandermark	Cambridge & Coleridge AC
8	29.97	156	Milly Unsworth	Cambridge & Coleridge AC

U15G 200 Heat 2

1	26.20	141	Abbie Parker	Dacorum & Tring AC
2	26.98	131	Elizabeth Harrison	Huntingdonshire AC
3	27.22	113	Jessica Clark	Cambridge & Coleridge AC
4	28.37	130	Eden Harrison	City Of Norwich AC
5	28.45	140	Mia Moore	Ryston Runners
6	28.84	147	Ruby Schwarz	West Norfolk AC
7	29.47	155	Karis Thomas	Braintree & District AC

U15G 75 Hurdles Final

1	11.47	135	Emily Knight	Enfield and Haringey A C
2	11.83	121	Charlotte Dunstone	Peterborough AC
3	11.97	127	Scarlett Gammell	Watford Harriers
4	12.02	141	Abbie Parker	Dacorum & Tring AC
5	12.23	144	Paige Robinson	Havering Ac
6	13.30	128	Beth Greenwood	Great Yarmouth & District AC
7	13.51	104	Bethany Barrett	Dereham Runners & AC
8	15.28	112	Louise Chance	Peterborough AC

U15G 800 Final

1	2.25.26	122	Olivia Edwards	Dacorum & Tring AC
2	2.26.88	125	Penelope Francis	Bedford & County AC
3	2.29.11	126	Dana Fraser	Cambridge & Coleridge AC
4	2.34.49	124	Orla Foley	St Albans AC
5	2.42.46	102	Sophie Allen	West Suffolk AC

U15G Discus Final

1	33.14	159	Katie Webb	Dacorum & Tring AC
2	22.24	136	Alice Lord	Cambridge & Coleridge AC
3	19.43	109	Luella Brookes	Diss and District AC
4	17.41	108	Katie Brennan	Harlow AC

U15G Hammer Final

1	40.88	110	Amy Bunting	Lincoln Wellington Athletic Cl
2	31.85	150	Olivia Simon	Colchester Harriers AC
3	30.02	109	Luella Brookes	Diss and District AC
4	20.94	157	Maya Vandermark	Cambridge & Coleridge AC
5	18.06	160	Sasha Wilson	West Suffolk AC
6	16.21	119	Lucy Cowman	Thurrock Harriers

U15G High Jump Final

1	1.45	129	Maddie Greenwood	West Suffolk AC
2	1.35	144	Paige Robinson	Havering Ac
3	1.35	100	Oluwafunmilayo Ade	Thurrock Harriers

U15G Javelin Final

1	29.80	136	Alice Lord	Cambridge & Coleridge AC
2	29.13	159	Katie Webb	Dacorum & Tring AC
3	28.99	160	Sasha Wilson	West Suffolk AC
4	28.21	119	Lucy Cowman	Thurrock Harriers
5	28.12	112	Louise Chance	Peterborough AC
6	28.04	130	Eden Harrison	City Of Norwich AC

U15G Long Jump Final

1	4.76	142	Ella Reed	Huntingdonshire AC
2	4.66	111	Emily Cann	West Suffolk AC
3	4.15	147	Ruby Schwarz	West Norfolk AC
4	4.14	161	Elizabeth Wood	West Norfolk AC
5	4.12	128	Beth Greenwood	Great Yarmouth & District AC
6	3.98	112	Louise Chance	Peterborough AC
7	3.86	140	Mia Moore	Ryston Runners
8	3.80	107	Lucy Boyde	Cambridge & Coleridge AC

U15G Pole Vault Final

1	2.60	150	Olivia Simon	Colchester Harriers AC
2	2.50	116	Jessie Collier	Havering AC
3	2.00	129	Maddie Greenwood	West Suffolk AC
4	1.90	120	Zowie Dodge	Basildon AC

U15G Shot Final

1	8.91	123	Rosie Field	Braintree & District AC
2	8.74	159	Katie Webb	Dacorum & Tring AC
3	8.31	109	Luella Brookes	Diss and District AC
4	7.98	157	Maya Vandermark	Cambridge & Coleridge AC
5	7.86	119	Lucy Cowman	Thurrock Harriers
6	7.68	105	Abeni Beckham	Waveney Valley AC
7	7.25	160	Sasha Wilson	West Suffolk AC

U15G Triple Jump Final

1	9.57	105	Abeni Beckham	Waveney Valley AC
2	9.48	142	Ella Reed	Huntingdonshire AC
3	8.81	152	Ellis Stewart	Great Yarmouth & District AC
4	8.55	107	Lucy Boyde	Cambridge & Coleridge AC

U17M 100 Final

1	11.22	301	Louis Albrow	City Of Norwich AC
2	11.25	315	Daniel Jones	Colchester Harriers AC
3	11.38	316	Daniel Knight	Enfield and Haringey A C
4	11.41	309	Edward Brown	Braintree & District AC
5	11.58	322	Joshua Mayston	Waveney Valley AC
6	11.62	327	Louis Palmer	City Of Norwich AC
7	11.70	313	Luke Holland	Bedford & County AC
8	11.72	326	Tomi Ogunyoye	Nene Valley Harriers

U17M 100 Heat 1

1	11.19	301	Louis Albrow	City Of Norwich AC
2	11.66	313	Luke Holland	Bedford & County AC
3	11.81	320	James Marsh	Nene Valley Harriers
4	11.83	318	Robert MacQueen	Ryston Runners
5	11.98	314	Fortune Isoka	Watford Harriers
6	12.05	324	Liam Mvula	Shaftesbury Barnet Harriers

U17M 100 Heat 2

1	11.39	309	Edward Brown	Braintree & District AC
2	11.48	315	Daniel Jones	Colchester Harriers AC
3	11.54	316	Daniel Knight	Enfield and Haringey A C
4	11.59	327	Louis Palmer	City Of Norwich AC
5	11.64	322	Joshua Mayston	Waveney Valley AC
6	11.69	326	Tomi Ogunyoye	Nene Valley Harriers

U17M 100 Hurdles Final

1 (CBP)	13.22	316	Daniel Knight	Enfield and Haringey A C
2	13.85	341	Ralph Williams	Dacorum & Tring AC

U17M 1500 Final

1	4.29.70	325	William Newcombe	Cambridge & Coleridge AC
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U17M 200 Final

1	23.13	301	Louis Albrow	City Of Norwich AC
2	23.22	327	Louis Palmer	City Of Norwich AC
3	23.50	309	Edward Brown	Braintree & District AC
3	23.50	321	Freddie Martin	Braintree & District AC
5	23.59	320	James Marsh	Nene Valley Harriers
6	23.96	326	Tomi Ogunyoye	Nene Valley Harriers
7	23.99	318	Robert MacQueen	Ryston Runners

U17M 3000 Final

1	9.54.26	308	Thomas Bridger	Cambridge & Coleridge AC
2	10.52.20	338	Matthew Warner	Southend On Sea AC

U17M 400 Final

1	54.81	337	James Vincent	Southend On Sea AC
2	55.15	340	Charlie Williams	West Norfolk AC
3	55.83	333	Patryk Szpryngiel	Peterborough AC

U17M 400 Hurdles Final

1	57.33	331	Freddie Reilly	Stevenage & North Herts AC
2	60.07	334	Jude Thorne	Braintree & District AC
3	67.68	339	Alfie Williams	West Norfolk AC

U17M 800 Final

1	2.04.57	330	Jamie Putt	Harlow AC
2	2.05.34	311	George Dowding	Dacorum & Tring AC
3	2.05.60	302	Michael Armstrong	Dacorum & Tring AC
4	2.11.13	319	Matt Magin	Cambridge & Coleridge AC

U17M Discus Final

1	45.31	310	Dominic Buckland	Stevenage & North Herts AC
2	33.81	340	Charlie Williams	West Norfolk AC
3	33.01	332	Thomas Smith	Huntingdonshire AC
4	31.64	304	Archie Bell	Ryston Runners
5	31.55	335	Kyle Thornton	Chelmsford AC

U17M Hammer Final

1	34.51	335	Kyle Thornton	Chelmsford AC
2	29.80	332	Thomas Smith	Huntingdonshire AC

U17M High Jump Final

1	1.70	326	Tomi Ogunyoye	Nene Valley Harriers
2	1.65	339	Alfie Williams	West Norfolk AC

U17M Javelin Final

1	50.14	323	Thomas Mitson	West Suffolk AC
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U17M Long Jump Final

1	6.50	342	Josh Woods	Dacorum & Tring AC
2	5.33	322	Joshua Mayston	Waveney Valley AC

U17M Pole Vault Final

1	4.00	307	Bryce Breen	Herts Phoenix
2	3.30	303	William Ashton	Dacorum & Tring AC

U17M Shot Final

1	14.44	317	Thomas Litchfield	Bedford & County AC
2	13.21	339	Alfie Williams	West Norfolk AC
3	10.08	332	Thomas Smith	Huntingdonshire AC
4	10.04	335	Kyle Thornton	Chelmsford AC
5	9.93	304	Archie Bell	Ryston Runners

U17W 100 Final

1	12.14	388	Skye Wicks	The HAWCS
2	12.53	370	Iona Newbegin	Bedford & County AC
3	12.54	368	Sophie Mayor	Braintree & District AC
4	12.63	363	Serena Grace	City Of Norwich AC
5	12.74	365	Marli Jessop	Dacorum & Tring AC
6	13.73	361	Holly Field	Braintree & District Ac
7	14.48	367	Molly May	Biggleswade AC

U17W 1500 Final

1	4.50.37	371	Jessica Norkett	Thetford AC
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U17W 200 Final

1	25.43	373	Naomi Palmer	Shaftesbury Barnet Harriers
2	25.83	363	Serena Grace	City Of Norwich AC
3	26.03	370	Iona Newbegin	Bedford & County AC
4	28.00	355	Jasmine Cant	Ipswich Harriers

U17W 300 Final

1	40.74	388	Skye Wicks	The HAWCS
2	43.12	374	Yasmin Palmer	Shaftesbury Barnet Harriers
3	43.38	387	Georgia Tombs	Chelmsford AC
4	44.72	355	Jasmine Cant	Ipswich Harriers
5	46.57	392	Katie Wright	Huntingdonshire AC

U17W 300 Hurdles Final

1	47.40	375	Lily Parris	Chelmsford AC
2	54.10	392	Katie Wright	Huntingdonshire AC

U17W 3000 Final

1	12.19.79	380	Keirra Scott	Basildon AC
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U17W 80 Hurdles Final

1 (CBP)	11.40	365	Marli Jessop	Dacorum & Tring AC
2	11.65	375	Lily Parris	Chelmsford AC
3	12.39	379	Kirsty Sait-Stewart	City Of Norwich AC
4	12.65	382	Kate Sheppard	Braintree & District AC
5	13.04	383	Hannah Smith	Braintree & District Ac

U17W 800 Final

1 (CBP)	2.13.43	390	Beatrix Wraith	The HAWCS
2	2.22.25	378	Ella Robinson	Nene Valley Harriers
3	2.24.35	351	Isabella Armitage	Cambridge & Coleridge AC
4	2.36.41	364	Jessica Hoar	Dacorum & Tring AC

U17W Discus Final

1	26.57	362	Elizabeth Finch	Chelmsford AC
2	23.80	384	Megan Smith	Thurrock Harriers

U17W Hammer Final

1	48.40	386	Libby Taylor	Stevenage & North Herts AC
2	39.92	362	Elizabeth Finch	Chelmsford AC
3	29.80	384	Megan Smith	Thurrock Harriers

U17W High Jump Final

1	1.60	377	Aisla Rhodes	Stevenage & North Herts AC
2	1.55	354	Leonie Brunning	Biggleswade AC

U17W Javelin Final

1	38.56	381	Georgia Shephard-Gaz	Stevenage & North Herts AC
2	32.19	389	Alana Wilson	West Suffolk AC
3	25.10	384	Megan Smith	Thurrock Harriers

U17W Long Jump Final

1	5.01	383	Hannah Smith	Braintree & District Ac
2	4.96	353	Eleanor Brown	City Of Norwich AC
3	4.89	354	Leonie Brunning	Biggleswade AC

U17W Shot Final

1	11.73	385	Kenyeh Soyeyi	Bedford & County AC
2	10.31	361	Holly Field	Braintree & District Ac
3	9.90	389	Alana Wilson	West Suffolk AC

U17W Triple Jump Final

1	10.90	353	Eleanor Brown	City Of Norwich AC
2	10.06	361	Holly Field	Braintree & District Ac

U20M 100 Final

1	11.64	171	Leon Field	Waveney Valley AC
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U20M 110 Hurdles Final

1	14.85	168	Jack Broadbent	Basildon AC
2	16.09	169	Samuel Clarke	Cambridge & Coleridge AC
3	16.13	171	Leon Field	Waveney Valley AC

U20M 1500 Final

1	4.11.69	174	Lewis Harknett	Orion Harriers
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U20M 200 Final

1	23.46	171	Leon Field	Waveney Valley AC
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U20M 400 Final

1	50.23	184	Morgan Webster	Biggleswade AC
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U20M 400 Hurdles Final

1	61.45	173	William Forster	Bedford & County AC
2	61.48	169	Samuel Clarke	Cambridge & Coleridge AC

U20M Discus Final

1	52.61	178	Oliver Massingham	City Of Norwich AC
2	38.99	185	Ryan Whitehead	Enfield and Haringey A C
3	37.49	179	Grantas Mockaitis	Woodford Green AC with Ess
4	26.26	181	Joseph Nicholson	Thetford AC

U20M Hammer Final

1	43.24	181	Joseph Nicholson	Thetford AC
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U20M Long Jump Final

1	6.21	166	Rahim Benson	West Norfolk AC
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U20M Pole Vault Final

1	4.80	176	Frankie Johnson	Bedford & County AC
2	3.10	168	Jack Broadbent	Basildon AC

U20M Shot Final

Guest	19.96	165	Ryan Ballantyne	New Zealand
Guest	18.92	182	Nick Palmer	New Zealand
1	14.14	178	Oliver Massingham	City Of Norwich AC

U20M Triple Jump Final

1	13.02	180	Ryan Morgan	Braintree & District Ac
2	11.85	169	Samuel Clarke	Cambridge & Coleridge AC

U20W 100 Final

1	12.08	196	Bethany Shaw	St Albans AC
2	12.61	194	Remi Jessop	Dacorum & Tring AC
3	13.72	190	Hannah Greenhalgh	West Norfolk AC

U20W 200 Final

1	26.38	194	Remi Jessop	Dacorum & Tring AC
2	26.80	189	Amy Fix	Southend On Sea AC

U20W 400 Final

1	70.75	190	Hannah Greenhalgh	West Norfolk AC
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U20W 400 Hurdles Final

1	68.66	197	Megan Sims	Peterborough AC
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U20W Discus Final

1	16.33	198	Jessica Whitbread	Thurrock Harriers
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U20W Hammer Final

1	43.42	187	Lauren Aldridge	Stevenage & North Herts AC
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U20W High Jump Final

1	1.55	191	Bethany Harryman	Harlow AC
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U20W Long Jump Final

1	5.16	192	Abbie Hawkins	Cambridge & Coleridge AC
2	4.69	198	Jessica Whitbread	Thurrock Harriers

U20W Shot Final

1	10.61	188	Priscilla Dadzie	Nene Valley Harriers
2	9.87	191	Bethany Harryman	Harlow AC