**U13 Girls Race**

 *Place* *Time* *Name* *Team*

 1 11:43 VALENTINE, Verity St Edmunds Pacers

 2 11:47 FARR, Lily Bedford & County

 3 12:02 FOSTER, Rosie Bedford & County

 4 12:07 DUNGER, Milly Bedford & County

 5 12:09 DANOBREGA, Lyla Bedford & County

 6 12:31 DAVEY, Jemima Kettering Town Harriers

 7 12:34 HARPUR-DAVIES, Phoebe West Suffolk AC

 8 12:50 BRAID, Alexandra Hunts AC

 9 12:51 FULLOCK HOLMES, Isla Hunts AC

 10 12:55 MOORE, Isabel St Edmunds Pacers

 11 13:00 WATSON, Ella Hunts AC

 12 13:07 DELLER, Lucy Bedford & County

 13 13:23 PERRY, Eloise St Edmunds Pacers

 14 13:34 JONAS, Esme North Norfolk Harriers

 15 13:51 O'BRIEN, Jessica St Edmunds Pacers

 16 13:56 BARNARD, Elodie West Suffolk AC

 17 14:21 MCCLUSKEY, Caitlin Hunts AC

 18 14:22 EDRIDGE, Eloise North Norfolk Harriers

 19 14:27 CLANCY, Tia West Suffolk AC

 20 14:27 HOWARD, Moria Hunts AC

 21 14:38 BRUNNING, Orlagh Biggleswade AC

 22 15:13 HODGKINSON, Lily Bedford & County

 23 15:18 AMBROSE, Jessica West Suffolk AC

**TEAMS**

 1 Bedford & County 2,3,4 = 9 points

 2 St Edmunds Pacers 1,10,13 = 24 points

 3 Hunts AC 8,9,11 = 28 points

 4 West Suffolk AC 7,16,19 = 42 points

**U13 Boys Race**

 *Place* *Time* *Name* *Team*

 1 11:02 BARNES, Cameron Bedford & County

 2 11:03 TRANGMAR, Jacob West Suffolk AC

 3 11:21 DORBIN, Jake Thetford AC

 4 11:49 TAYLOR, Tom West Suffolk AC

 5 11:50 TAYLOR, Archie West Suffolk AC

 6 11:53 WATERWORTH, Tom Hunts AC

 7 11:58 MELERO, Sebastian West Suffolk AC

 8 11:59 JEFFERY, Max West Suffolk AC

 9 12:02 COLE, Austin Bedford & County

 10 12:09 HUDSON, Samuel Bedford & County

 11 12:10 BOSHER, Sam Bedford & County

 12 12:10 WILSON, Oliver Bedford & County

 13 12:24 LARGE, Alasdair Hunts AC

 14 12:45 JAMES, Alfie Bedford & County

 15 13:02 BENSON, Matthew North Norfolk Harriers

 16 13:22 TOMASELLI, Oscar Hunts AC

 17 13:30 SOUTHWOOD, Thomas St Edmunds Pacers

 18 13:32 CROWTHER, William Hunts AC

 19 13:54 SMITH, Daniel Bedford & County

 20 14:24 HAWKINS, Aaron Hunts AC

**TEAMS**

 1 West Suffolk AC 2,4,5 = 11 points

 2 Bedford & County 1,9,10 = 20 points

 3 Hunts AC 6,13,18 = 35 points

**U15 Girls Race**

 *Place* *Time* *Name* *Team*

 1 15:30 SIMMONS, Natalie Bedford & County

 2 16:25 WEBB, Maddison Bedford & County

 3 16:38 CHESTERTON, Imogen Leighton Buzzard AC

 4 16:50 SYMONDS, Memphis City of Norwich AC

 5 17:04 BOLE, Chelsie Nene Valley Harriers

 6 17:08 FLEMING, Amelia Riverside Runners

 7 17:10 LANSDOWN, Madeline Ipswich Jaffa

 8 17:10 ALLEN, Sophie West Suffolk AC

 9 17:14 BATTELL, Lila West Suffolk AC

 10 17:17 MARSHALL, Eva West Suffolk AC

 11 17:20 WILLIAMS, Izzy Bedford & County

 12 17:21 MCCALLUM, Abbi North Norfolk Harriers

 13 17:37 FLEMING, Isabelle Riverside Runners

 14 18:11 JONES, Madison Hunts AC

 15 18:49 BURKE, Caitlin Hunts AC

 16 18:57 BRADNAM, Amber St Edmunds Pacers

 17 19:02 WEST, Florence St Edmunds Pacers

 18 19:04 GATHORNE-HANDY, Sophie St Edmunds Pacers

 19 19:05 D'EATH, Freya St Edmunds Pacers

 20 19:41 KEIGHLEY, Faith St Edmunds Pacers

 21 19:49 HENSON, Annie St Edmunds Pacers

 22 19:52 BRIDGER, Charlotte Cambridge & Coleridge AC

**TEAMS**

 1 Bedford & County 1,2,11 = 14 points

 2 West Suffolk AC 8,9,10 = 27 points

 3 St Edmunds Pacers 16,17,18 = 51 points

**U15 Boys Race**

 *Place* *Time* *Name* *Team*

 1 12:52 SULLIVAN, Lewis St Edmunds Pacers

 2 13:46 BERRY, Max St Edmunds Pacers

 3 13:48 CAMPION, Noah Bedford & County

 4 13:50 JONAS, Henry North Norfolk Harriers

 5 13:57 SHEARER, Rowan West Suffolk AC

 6 14:00 BOURNE, Ryan St Edmunds Pacers

 7 14:02 REINDELL, Joseph Hunts AC

 8 14:12 BURKE, Ciaran Hunts AC

 9 14:14 PAULEY, Dominic Hunts AC

 10 14:17 CROFT, Howard Hunts AC

 11 14:40 LYDON, Aedan Hunts AC

 12 15:26 SUPPLE, Euan Bedford & County

 13 15:39 TAYLOR, James Bedford & County

 14 15:40 CAIRNS, Ethan Bedford & County

 15 15:45 FLATT, Julian Bedford & County

 16 15:51 HOWE, Ryan Hunts AC

 17 15:51 SELLS, Mike Riverside Runners

 18 15:55 WALLACE, Luc Riverside Runners

**TEAMS**

 1 St Edmunds Pacers 1,2,6 = 9 points

 2 Hunts AC 7,8,9 = 24 points

 3 Bedford & County 3,12,13 = 28 points

**U17 Women Race**

 *Place* *Time* *Name* *Team*

 1 23:22 HARRIS, Megan Basildon

 2 23:48 HARRIS, Madison Basildon

 3 26:08 BUCHANAN, Grace North Norfolk Harriers

 4 26:38 FLEMONS, Grace Bedford & County

 5 26:39 HODGSKINSON, Holly Bedford & County

 6 27:04 MEAD, Olivia Hunts AC

 7 28:20 HUXFORD, Niamh Bedford & County

 8 28:44 DANIELS, Milly Bedford & County

 9 29:46 PAULEY, Beatrice Hunts AC

 10 32:58 BEARE, Rachel St Edmunds Pacers

 11 32:58 FREE, Izzie St Edmunds Pacers

 12 38:30 LEWIS, Molly St Edmunds Pacers

**TEAMS**

 1 Bedford & County 4,5,7 = 16 points

 2 St Edmunds Pacers 10,11,12 = 33 points

**U17 Men Race**

 *Place* *Time* *Name* *Team*

 1 20:41 HENSON, Tom St Edmunds Pacers

 2 21:14 BRIDGER, Thomas Cambridge & Coleridge AC

 3 21:26 ADAMS, Frederick Ipswich Harriers

 4 22:02 MILLS, Oliver Hunts AC

 5 22:12 BENNETT, Matthew Ipswich Jaffa

 6 22:30 TOMASELLI, Dylan Hunts AC

 7 22:38 HANCOCK, Harvey Nene Valley Harriers

 8 23:01 VINNICOMBE, James Bedford & County

 9 23:15 BRADNAM, Dylan St Edmunds Pacers

 10 23:20 FROHN, Tom Ipswich Harriers

 11 23:27 WEBB, Joe St Edmunds Pacers

 12 24:09 WEST, Harry Bedford & County

 13 24:46 HUTCHINGS, Jack Bedford & County

**TEAMS**

 1 St Edmunds Pacers 1,9,11 = 21 points

 2 Bedford & County 8,12,13 = 33 points

**U20 Women Race**

 *Place* *Time* *Name* *Team*

 1 22:47 WILSON, Tia Bedford & County

 2 26:29 PERRY, Niamh St Edmunds Pacers

 3 26:49 SMITH, Emma Bedford & County

 4 29:11 O'BRIEN, Kirsten St Edmunds Pacers

 5 30:10 SULLIVAN, Ellie St Edmunds Pacers

**TEAMS**

 1 St Edmunds Pacers 2,4,5 = 11 points

**U20 Men Race**

 *Place* *Time* *Name* *Team*

 1 27:42 BOWEN-JONES, Callum Dereham Runners & AC

 2 28:29 ORRELL, James BRJ Running & Tri Club

 3 31:15 HISCOCK, Casper Hunts AC

 4 32:53 DARNELL, Sebastian Hunts AC

 5 34:04 BILNER, Connor Ipswich Jaffa

**TEAMS**

No Teams

**Senior and Masters Men Race**

 *Place* *Time* *Name* *Team Race Category*

 1 41:25 ELMORE, Rob Leighton Buzzard AC SM

 2 41:40 COOMBS, Simon Bedford & County V40/E45

 3 42:49 BOWLLER, Adam North Herts RR SM

 4 43:15 WILLIAMS, Scott Stowmarket Striders SM

 5 43:23 SOUTHWOOD, Andrew St Edmunds Pacers V40

 6 43:31 FARMER, Paul Ampthill & Flitwick Flyers V40

 7 44:05 METCALFE, Alex Ely Runners SM

 8 44:08 MACKRELL, Peter Leighton Buzzard AC SM/E35

 9 44:12 VICK, Jeremy Marshall Milton Keynes V40/E40

 10 44:16 FARRER, Tyrone Hunts AC V40/E45

 11 44:49 KIMBER, Tom Leighton Buzzard AC V40

 12 44:51 CLARKE, Nicholas Ipswich Jaffa SM

 13 44:58 BLOFELD, Stuart Leighton Buzzard AC V40

 14 45:13 MCKEE, Rod Hunts AC V50/E50

 15 45:39 BELL, James Leighton Buzzard AC V50

 16 46:16 DEAR, Sam Leighton Buzzard AC SM

 17 46:54 CHURCH, Steven Hunts AC V40

 18 47:40 BUNCH, Trevor Haverhill Running Club V40/E45

 19 47:49 AULD, John North Herts RR SM/E35

 20 47:56 TOMASELLI, Duane Hunts AC V40

 21 48:00 HILL, Richard Ely Runners V40

 22 48:34 BLAIR, Andy Bedford & County V50

 23 48:50 HOWARD, Stephen Ely Runners V50

 24 51:56 MANGHAM, Richard Leigh on Sea Striders V50/E55

 25 52:33 JEFFERY, Ben West Suffolk AC V40/E40

 26 53:49 HAYLOCK, Adam Leighton Buzzard AC V40

 27 54:02 BREWER, Mike Bedford Harriers V40

 28 54:07 MARSHALL, Gary West Suffolk AC V40

 29 54:15 MASON, Matthew Ely Runners V50/E50

 30 64:11 CHESTERTON, Nigel Leighton Buzzard AC V40

**TEAMS**

 1 Leighton Buzzard AC 1,8,11,13,15,16 = 64 points

**Senior and Masters Women Race**

 *Place* *Time* *Name* *Team Race Category*

 1 24:45 SMITH, Josie Bedford & County SW

 2 26:28 GODFREY, Stefanie Cambridge & Coleridge AC W45/E50

 3 26:51 SPENCER, Samantha Ipswich Jaffa W35

 4 27:32 KLAVINA, Ieva Hunts AC W35

 5 28:00 MCCARTHY, Maureen West Suffolk AC W45/E55

 6 28:27 WHITMORE, Carla Bedford Harriers SW

 7 29:30 CAMERON, Karen Cambridge & Coleridge AC W45/E50

 8 29:39 RULTON, Claire Bedford Harriers W35

 9 29:54 DARNELL, Amelia Hunts AC SW

 10 30:42 KERR, Ruth Bedford & County W45

 11 31:06 BALDWIN, Lucy Bedford Harriers W35/E40

 12 31:23 COOMBS, Emma Bedford & County W35/E40

 13 32:44 STOCKER, Pauline Hunts AC W45/E55

 14 33:20 BRODIE, Madeleine Bedford & County W45

 15 33:37 HILL, Georgia Hunts AC SW

 16 37:46 HASELWOOD, Julie Ipswich Jaffa W45

**TEAMS**

 1 Bedford & County 1,10,12 = 23 points

 2 Bedford Harriers 6,8,11 = 25 points

 3 Hunts AC 4,9,13 = 26 points

**Masters Men 60+ Race**

 *Place* *Time* *Name* *Team Race Category*

 1 24:23 THOMPSON, Peter Cambridge & Coleridge AC

 2 25:00 DARNELL, Derek Hunts AC

 3 26:30 FRAMPTON, David Bedford Harriers

 4 28:37 RITCHIE, Charlie Cambridge & Coleridge AC

 5 29:21 MEAH, Gerald Cambridge & Coleridge AC

 6 30:01 ESAW, Frank Bedford Harriers

 7 34:56 LAWRENCE, Shane Unattached