**U13 Girls Race**

 *Place* *Time* *Name* *Team*

 1 11:14 FORREST, Isabel Brentwood Beagles AC

 2 11:17 GUTHRIE-BROWN, Tiggy Kettering Town Harriers

 3 11:24 QUIRK, Rosie Brentwood Beagles AC

 4 11:29 LYDON, Esme Hunts AC

 5 11:31 STEWART, Erin St.Edmunds Pacers

 6 11:59 WHITING, Isla St.Edmunds Pacers

 7 12:04 TAYLOR, Orla St.Edmunds Pacers

 8 12:11 THOMAS, Esme Brentwood Beagles AC

 9 12:22 HURN, Izzie Peterborough & Nene Valley

 10 12:29 REYNOLDS, Megan Bedford & County

 11 12:42 SOUTHWOOD, Bethan St Edmunds Pacers

 12 12:42 McCART, Harriet Ipswich Jaffa

 13 12:46 DANOBREGA, Izzy Bedford & County

 14 12:57 MOORE, Poppy St.Edmunds Pacers

 15 13:00 O’DELL, Ruby Peterborough & Nene Valley

 16 13:24 DOUCE, Emily Peterborough & Nene Valley

 17 14:21 MAYNES, Zarahi St.Edmunds Pacers

 18 14.29 BUSWELL, Alayna Peterborough & Nene Valley

**TEAMS**

 1 Brentwood Beagles AC 1,3,8 = 12 points

 2 St Edmunds Pacers 5,6,7 = 18 points

 3 Peterborough & Nene Valley 9,15,16 = 40 points

 4 St.Edmunds Pacers ‘B’ 11,14,17 = 42 points

**U13 Boys Race**

 *Place* *Time* *Name* *Team*

 1 10:04 BRAMHALD, Mason Woodbridge Shufflers

 2 10:19 BENSTED, Frankie Hunts AC

 3 10:25 DAVY, Rafferty Kettering Town Harriers

 4 10:40 AMBROSE, Harry St.Edmunds Pacers

 5 10:53 PATEMAN, Harry Hunts AC

 6 10:54 WEDELL, Oliver Biggleswade AC

 7 10:55 SMITH, Finlay Peterborough & Nene Valley

 8 11:07 LOCKE, Ethan Hunts AC

 9 11:10 COOMBES, Oliver Bedford & County

 10 11:27 HOLLINGS-YATES, Freddie Herts Phoenix AC

 11 11:41 HENDERSON, Oliver Bedford & County

 12 11:51 YAXLEY, Elliot St.Edmunds Pacers

 13 13:18 HENDERSON, Harry Bedford & County

**TEAMS**

 1 Hunts AC 2,5,8 = 15 points

 2 Bedford & County 9,11,13 = 33 points

**U15 Girls Race**

 *Place* *Time* *Name* *Team*

 1 14:04 FORREST, Olivia Brentwood Beagles AC

 2 14:17 VALENTINE, Verity St.Edmunds Pacers

 3 14:43 FARR, Lily Bedford & County

 4 14:44 MILLS, Abra St.Edmunds Pacers

 5 14:48 MOORE, Isabel St.Edmunds Pacers

 6 14:50 WALKER, Erin Peterborough & Nene Valley

 7 15:05 MEARS, Ava North Norfolk Harriers

 8 15:19 STEWART, Ella St.Edmunds Pacers

 9 15:21 EASTER, Connie City of Norwich

 10 15:46 WARN, Evangaline Brentwood Beagles AC

 11 15:55 WOOLRIDGE, Tilly St Edmunds Pacers

 12 16:00 THOMAS, Mara Brentwood Beagles AC

 13 16:01 SHIRLEY, Georgia City of Norwich

 14 16:07 COX, Eleanor St.Edmunds Pacers

 15 16:10 GACHES.Lola Peterborough & Nene Valley

 16 16:14 BOWEN, Darcy Ipswich Jaffa

 17 16:24 PARRISH, Jessica Clare Bedford & County

 18 16:26 CLAYTON, Evie West Norfolk AC

 19 16:30 WINSTANLEY, Alice St.Edmunds Pacers

 20 16:31 NELSON, Bronwen City of Norwich

 21 16:37 PERKINS, Faith Peterborough & Nene Valley

 22 16:52 EDRIDGE, Eloise North Norfolk Harriers

 23 16:52 RUSSEL, Kate Haverhill RC

 24 16:55 HARPER, Ellie Bedford & County

 25 17:37 AMBROSE, Lily St.Edmunds Pacers

 26 18.12 BUTCHER. Madeleine St.Edmunds Pacers

 27 18.16 MALLEN, Izzy St.Edmunds Pacers

 28 18:56 MATHIAS, Ruby Ipswich Jaffa

**TEAMS**

 1 St.Edmunds Pacers 2,4,5 = 11 points

 2 Brentwood Beagles AC 1,10,12 = 23 points

 3 St.Edmunds Pacers ‘B’ 8,11,14 = 33 points

 4 City of Norwich 9,13,20 = 42 points

 5 Peterborough & Nene Valley 6,15,21 = 42 points

 6 Bedford & County 3,17,24 = 44 points

 7 St.Edmunds Pacers ‘C’ 19,25,26 = 70 points

**U15 Boys Race**

 *Place* *Time* *Name* *Team*

 1 12:50 SCOTT-DONKIN, Noah Hunts AC

 2 13:11 GAMBLING, Roman St.Edmunds Pacers

 3 13:23 ECCLES, Billy Bure Valley Harriers

 4 13:27 MELERO, Sebastion St.Edmunds Pacers

 5 13:31 SCOTT, Harry Bedford & County

 6 13:39 WILSON, Oliver Bedford & County

 7 13:49 ALBONE, Oliver Hunts AC

 8 13:58 BOSHER, Sam Bedford & County

 9 14:03 BEALE, Theo Bedford & County

 10 14:04 BLACKWELL, Samuel St.Edmunds Pacers

 11 14:08 MITCHELL, Isaac Bedford & County

 12 14:15 CLIFFORD, Nathaniel Hunts AC

 13 14:15 HENDERSON, Archie Bedford & County

 14 14:26 DEVLIN, Luca Bedford & County

 15 14:28 HARRIS, William Peterborough & Nene Valley

 16 14:29 BUSWELL, Rhys Peterborough & Nene Valley

 17 14:50 JEFFERY, Alfie St.Edmunds Pacers

 18 14:51 STOKES, Dylan Bedford & County

 19 15:11 DANOBREGA, Zachary Bedford & County

 20 15:30 HUGHES, Thomas Peterborough & Nene Valley

 21 16:35 SOUTHWOOD, Thomas St.Edmunds Pacers

 22 15:44 MORRIS, Liam Hunts AC

 23 15:59 GRAHAM, Bayley Peterborough & Nene Valley

 24 16:05 BLOOR, Leo Ipswich Jaffa

 25 16:46 MURRAY, Harry St.Edmunds Pacers

**TEAMS**

 1 St.Edmunds Pacers 2,4,10 = 16 points

 2 Bedford & County 5,6,8 = 19 points

 3 Hunts AC 1,7,12 = 20 points

 4 Bedford & County ‘B’ 9,11,13 = 33 points

 5 Bedford & County ‘C’ 14,18,19 = 51 points

 6 Peterborough & NV 15,16,20 = 51 points

 7 St.Edmunds Pacers ‘B’ 17,21,25 = 63 points

**U17 Women Race**

 *Place* *Time* *Name* *Team*

 1 22:07 DANOBREGA, Lyla Bedford & County

 2 23:38 SERGEANT, Carys Colchester & Tendring AC

 3 25:35 BRIDGER, Charlotte Cambridge & Coleridge

 4 26:24 WALKER, Olivia Peterborough & Nene Valley AC

 5 26:30 O’BRIEN, Jessica St Edmunds Pacers

 6 26:32 EAMES, Elizabeth Peterborough & Nene Valley AC

 7 27.17 DEATH, Freye St.Edmunds Pacers

 8 28:35 MAYNES, Natalia St.Edmunds Pacers

 9 29.13 WILCOX, Freya Ipswich Jaffa

 10 30.18 GARRETT, Hannah St Edmunds Pacers

**TEAMS**

 1 St Edmunds Pacers 5,7,8 = 20 points

**U17 Men Race**

 *Place* *Time* *Name* *Team*

 1 19:23 TRANGMAR, Jacob St Edmunds Pacers

 2 19:25 FISHER, Max Ipswich Harriers

 3 19:38 LYDEN, Aedan Hunts AC

 4 19:51 DUNNE, Zachary City of Norwich AC

 5 20:02 PAULEY, Dominic Hunts AC

 6 20:33 DORBIN, Jake Thetford AC

 7 20:47 BARNES, Cameron Bedford & County

 8 21:03 WATERWORTH, Tom Hunts AC

 9 21:21 SMITH, Daniel Bedford & County

 10 21:24 HAWKINS, Aaron Hunts AC

 11 22:02 GRADY, Ryan Ipswich Harriers

**TEAMS**

1. Hunts AC 3,5,8 = 16 points

**U20 Women Race**

 *Place* *Time* *Name* *Team*

 1 22:32 CHESTERTON, Imogen Bedford & County

 2 25:29 LANSDOWN, Madeline Ipswich Jaffa

 3 25:52 BILNER, Jasmine Ipswich Jaffa

**NO TEAMS**

**U20 Women Inter-Counties Race**

 *Place* *Time* *Name* *Team*

 1 22:15 BARKER, Madeline Essex

 2 25:18 TURNER, Francesca Essex

 3 25:29 LANSDOWN, Madeline Suffolk

 4 25:52 BILNER, Jasmine Suffolk

 5 25:56 BARTHOLOMEW, Robyn Essex

**TEAMS**

 1 Essex 1,2,5 = 8 points

**U20 Men Race**

 *Place* *Time* *Name* *Team*

 1 26:52 HAYWARD, Jake Stowmarket Striders

 2 27:01 CHILVERS, Kai Peterborough & Nene Valley AC

 3 27:12 GARRATT, Jake St Edmunds Pacers

 4 27:34 BERRY, Max St.Edmunds Pacers

 5 28:02 TOMASELLI, Dylan Hunts AC

 6 28:17 REINDELL, Joseph Hunts AC

 7 31:44 SULLIVAN, Lewis St.Edmunds Pacers

**TEAMS**

 1 St.Edmunds Pacers 3,4,7= 14 points

**U20 Men Inter-Counties Race**

 *Place* *Time* *Name* *Team*

 1 25:58 MAGUIRE, Benedict Essex

 2 26:06 NUTTALL, William Essex

 3 26:15 STAPLETON, Max Essex

 4 26:52 HAYWARD, Jake Suffolk

 5 27:01 CHILVERS, Kai Cambridgeshire

 6 27:12 GARRATT, Jake Suffolk

 7 27:34 BERRY, Max Suffolk

 8 28:02 TOMASELLI, Dylan Cambridgeshire

 9 28:17 REINDELL, Joseph Cambridgeshire

 10 31:44 SULLIVAN, Lewis Suffolk

**TEAMS**

 1 Essex 1,2,3 = 6 points

 2 Suffolk 4,6,7 = 17 points

 3 Cambridgeshire 5,8,9 = 22 points

**Senior and Masters Men Race**

 *Place* *Time* *Name* *Team Race Category*

 1 37:17 EMMERSON, Craig Bedford & County SM

 2 37:54 ELLARD, Isaac Helpston Harriers SM

 3 39:19 BROWN, Luke Peterborough & Nene Valley SM

 4 40:03 ORRELL, James Hunts AC SM

 5 40:34 ECCLES, Michael Bure Valley Harriers V40/E40

 6 41:04 COOMBES, Simon Bedford & County V50/E50

 7 41:37 LEWIS, Daniel Peterborough & Nene Valley V40

 8 41:44 WILLIAMS, Scott Stowmarket Striders SM/E35

 9 41:53 HAYWARD, Mark Newmarket Joggers V40

 10 42:17 SMITH, James Newmarket Joggers V40

 11 42:26 PALMER, Charlie Bedford & County V40/E40

 12 42:31 KEANE, Jamie Ampthill & Flitwick Flyers SM/E35

 13 42:44 FARRER, Tyrone Hunts AC V40/E45

 14 45:00 BENDALL, Joseph Newmarket Joggers SM

 15 45:11 CURTIS, Alex Peterborough & Nene Valley SM

 16 45:13 BLOGG, James Havering AC V40

 17 45:36 HOLLEY, Paul Newmarket Joggers V50/E55

 18 46:24 HALL, Toby Peterborough & Nene Valley SM

 19 46:42 PAYNE, Ian Biggleswade AC V40/E40

 20 46:42 WALKLAND, Richard Biggleswade AC SM

 21 46:54 SOUTHWOOD, Andrew St.Edmunds Pacers V40

 22 47:20 UFF, John Hunts AC V40

 23 47:25 TOMASELLI, Duane Hunts AC V40E40

 24 47:55 ATKINS, Gary Havering AC V50

 25 48:05 BARKER, Sean Hunts AC V50/E55

 26 48:29 LARKINS, Paul Peterborough & Nene Valley V50

 27 48:43 BOWMAN, Simon Hunts AC SM

 28 48:56 HALL, Steve Peterborough & Nene Valley V50/E50

 29 50:32 HOWARD, Stephen Ely Runners V50

 30 51:28 WALKER, Steve Havering AC V50 31 51:46 HILL, Richard Ely Runners V40

 32 52:15 FEARY, Marc Newmarket Joggers V40

 33 52:32 OLLINGTON, Jonathan Newmarket Joggers V50

 34 52:42 PARKIN, Paul Peterborough & Nene Valley V50/E55

 35 53:03 FRYATT, Andy Newmarket Joggers V50

 36 53:25 JAMES, Roy Havering AC V50

 37 58:21 BENNETT, Jamie Ipswich Jaffa V40

**TEAMS**

 1 Peterborough & Nene Valley AC 3,7,15,18,26,28 = 97 points

 2 Hunts AC 4,13,22,23,25,27 = 114 points

 3 Newmarket Joggers 9,10,14,17,32,33 = 115 points

**Senior Mens Inter-Counties Race**

*Place* *Time* *Name* *Team*

 1 37:42 DAVIS, Ben Essex

 2 37:54 ELLARD, Isaac Cambridgeshire

 3 38:49 MUSSETT, Adrian Essex

 4 39:09 STEWART, James Essex 5 39:19 BROWN, Luke Cambridgeshire

 6 39:37 BOREHAM, Sam Suffolk

 7 40:03 ORRELL, James Cambridgeshire

 8 40:15 ATKINS, Samuel Essex

 9 41.37 LEWIS, Daniel Cambridgeshire

 10 41:44 WILLIAMS, Scott Suffolk

 11 41:53 HAYWARD, Mark Suffolk

 12 42.17 SMITH, James Suffolk

 13 45.36 HOLLEY, Paul Suffolk

 14 46.54 SOUTHWOOD, Andrew Suffolk

 15 48.43 BOWMAN, Simon Cambridgeshire

**TEAMS**

 1 Essex 1,3,4 = 8 points

 2 Cambridgeshire 2,5,7 = 14 points

 3 Suffolk 6,10,11 = 27 points

**Senior and Masters Women Race**

 *Place* *Time* *Name* *Team Race Category*

 1 22:12 LUXTON, Rebecca Chelmsford AC W35/E35

 2 24:01 DUFFY, Shelley Hunts AC W35/E35

 3 24:15 O’HARE, Anna Haverhill RC SW

 4 25:47 DARNELL, Amelia Hunts AC SW

 5 25:49 KEEBLE, Anna Ipswich Jaffa SW

 6 26:32 OETTLE, Rebecca Newmarket Joggers W35

 7 26:48 CARTER, Olivia Newmarket Joggers SW

 8 27:07 PERKINS, Wendy Peterborough AC W35/E40

 9 28:30 BENNETT, Marion Ipswich Jaffa W35

 10 28:53 CLARKE, Sue Mid Essex Casuals W45/E45

 11 30:27 JONES, Danielle Newmarket Joggers SW

 12 30:31 COOMES, Emma Bedford & County W35/E35

 13 30:50 ANCILL, Wendy Newmarket Joggers W45

 14 33.51 SMITH, Nicole Newmarket Joggers W45

 15 36.49 KING, Angela Hunts AC W45

 16 39:05 FAY, Pearl Newmarket Joggers W45

**TEAMS**

 1 Hunts AC 2,4,15 = 21 points

 2 Newmarket Joggers 6,7,11 = 24 points

 3 Newmarket Joggers ‘B’ 13,14,15 = 42 points

**Senior Womens Inter-Counties Race**

*Place* *Time* *Name* *Team*

 1 22:12 LUXTON, Rebecca Essex

 2 22:41 BAILEY, Ginta Essex

 3 22:53 BROOME, Rachel Essex

 4 23:08 WILLIAMS. Sarah Essex

 5 23.18 BLAZEY,Laura Suffolk

 6 23:43 KING, Katie Suffolk

 7 24:01 DUFFY, Shelley Cambridgeshire

 8 24.15 O’HARE, Anna Suffolk

 9 25:47 DARNALL, Amelia Cambridgeshire

 10 26.48 CARTER, Olivia Suffolk

 11 36:49 KING Angela Cambridgeshire

**TEAMS**

 1 Essex 1,2,3 = 6 points

 2 Suffolk 5,6,8 = 19 points

 3 Cambridgeshire 7,9,11 = 27 points

**Masters Men 60+ Race**

 *Place* *Time* *Name* *Team Race Category*

 1 23:24 LEMARE, Simon Southend AC V60/E60

 2 24:36 GOWER, Mark Billericay Striders V60

 3 25:14 DARNELL, Derek Hunts AC V60/E60

 4 26:04 HAINING, William Colchester Harriers V60/E65

 5 26:18 JEGGO, Paul Springfield Striders V60

 6 26:31 CLARKE, John Mid Essex Casuals V60/E60

 7 28:39 STOCKER, James Hunts AC V60/E70

 8 30:45 MEAH, Gerald Cambridge & Coleridge V60/E65

 9 32:09 LAWRENCE, Shane Eastern Masters AC V60/E65

 10 37:40 AYLMER, Chris Newmarket Joggers V60

**Arthur Berry Cup (Lowest Aggregate)**

 1 Essex 8 + 6 + 6 + 8