

Eastern Athletic Association 10K Inter-County Championships

Sunday 15th Oct 2023

Women's race

Pos	Name	Cat	County	Chip time
1	Maddie Jordan-Lee	FS	Suffolk	33:32
2	Claire Jacobs	FS	Suffolk	33:40
3	Millie Jordan-Lee	FS	Suffolk	34:26
4	Lucy Mapp	FS	Cambridgeshire	34:46
5	Lydia Callan	FS	Essex	35:18
6	Megan Walker	FS	Hertfordshire	35:47
7	Clare Thurgood	FS	Cambridgeshire	35:50
8	Katie King	FS	Suffolk	35:56
9	Helen Mussen	FV40	Hertfordshire	36:02
10	Stephanie Migliorini	FS	Essex	36:16
11	Samantha Bilbie	FV40	Essex	37:24
12	Jessica Dring-Morris	FS	Cambridgeshire	37:30
13	Helene Greenwood	FS	Cambridgeshire	37:54
14	Martha Hall	FV40	Hertfordshire	39:11

Men's race

Pos	Name	Cat	County	Chip time
1	John Millar	MS	Suffolk	29:26
2	Callum Charleston	MS	Essex	30:04
3	Norman Shreeve	MS	Suffolk	30:22
4	Ben Jones	MS	Cambridgeshire	30:31
5	Alex Gibb	MS	Cambridgeshire	30:38
6	Shane Boxall	MS	Essex	30:38
7	Adrian Mussett	MV50	Essex	30:38
8	Chris Darling	MS	Cambridgeshire	30:40
9	Michael Gilbert	MS	Suffolk	30:44
10	Aedan Lydon	MS	Cambridgeshire	30:54
11	Brandon Barber	MS	Suffolk	31:34
12	Tom Squires	MS	Hertfordshire	31:54
13	Jude Bell	MS	Hertfordshire	32:14
14	Daniel Pudner	MS	Hertfordshire	33:33