



Eastern Athletic Association 10,000m Track Championship

This years [Miles of Miles festival](#) will host the Eastern AA, Essex AA and Suffolk AA 10,000m track Championships. This is the perfect opportunity for the best 10,000 track and road runners in the region to pit their wits against each other.

The event will consist of the following:

- Eastern Athletic Association - Women's Open & Men's Open Championships for *SEN+
- Essex Athletic Association - Women's Open & Men's Open Championships for SEN, 40+ & 50+
- Suffolk County Athletic Association - Women's Open & Men's Open Championships for *SEN+
- Open Graded 10,000m track races For SEN+

Eligible athletes from the following counties can compete in the EAA Championship - Essex, Suffolk, Lincs, Cambs, Beds, Norfolk & Herts.

Medals will be presented to the 1st, 2nd and 3rd male and female athletes (no age category awards).

Entry fee: £9.50

[Entry details can be found here](#)

For further information please email Trevor Bunch – trevor.bunch@btinternet.com