

# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### U13 Girls Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	11.21	KINDLER, Madison	Brentwood Beagles AC
2	12.05	BOLTON, Sophie	St.Edmund Pacers
3	12.26	BICKERSTAFF, Sophie	Brentwood Beagles AC
4	12.26	TWYDELL, Amalie	Brentwood Beagles AC
5	12.56	ROQUES, Hattie	Cambridge & Coleridge AC
6	12.58	FARNELL, Emilia	North Norfolk Harriers
7	13.19	PURSER, Iris	Hunts AC
8	13.28	MAY, Nisa	West Suffolk AC
9	13.28	BELL, Elissia	St.Edmund Pacers
10	13.31	HILTON, Isabelle	Hunts AC
11	13.33	MOGGRIDGE, Anna	Cambridge & Coleridge AC
12	13.43	LEGG, Madeleine	Cambridge & Coleridge AC
13	13.47	CONNELLY, Ava	North Norfolk Harriers
14	14.04	DARWIN, Hannah	Hunts AC
15	14.18	McNEILL, Laila	St.Edmund Pacers
16	14.22	DOCKERILL, Abbie	St.Edmund Pacers
17	14.24	WARD, Casey	West Norfolk AC
18	14.28	ABRAHAM, Connie	Ely Runners
19	14.34	SMITH, Poppy	Ely Runners
20	16.03	HILTON, Lucy	Hunts AC
21	16.33	STATHER, Isabelle	St.Edmund Pacers

### **TEAMS**

1	Brentwood Beagles AC	1,3,4	= 8 points
2	St.Edmund Pacers	2,9,15	= 26 points
3	Cambridge & Coleridge	5,11,12	= 28 points
4	Hunts AC	7,10,14	= 31 points

### U13 Boys Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	11.00	SANFORD, Mason	Chelmsford AC
2	11.10	HOLLAND, Cody	Waveney Valley AC
3	11.16	GIBBS, Ethan	Bedford & County AC
4	11.28	NEVZAT, Harry	Bedford & County AC
5	11.30	BOWMAN, Seth	Ipswich Jaffa
6	11.32	SEAGER, Jack	St.Edmund Pacers
7	11.43	BOWMAN, Eli	Ipswich Jaffa
8	11.59	GRAY, Boogie	Hunts AC
9	12.02	LAW, Maddox	West Suffolk AC
10	12.05	HENSON, Jake	Hunts AC
11	12.39	SEAGER, Bobbie	St.Edmund Pacers
12	12.47	KULLAR, Max	Cambridge & Coleridge AC
13	12.51	MARTIN, Leo	Ely Runners
14	12.53	DAVIES, Kingsley	Ipswich Jaffa
15	13.00	McDONALD, Wilfrid	Unattached
16	13.09	WALLACE, Jake	Bedford & County AC
17	13.10	ASTLE, Sidney	St.Edmund Pacers

# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### U13 Boys Race Con't

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
18	13.14	STAPLEY, Max	North Norfolk Harriers
19	13.15	BONE, Ross	Biggleswade AC
20	13.15	PURSER, Caleb	Hunts AC
21	13.22	JUGDAOHSINGH, Hari	Cambridge & Coleridge AC
22	13.25	DREWS, Toby	North Norfolk Harriers
23	13.54	TAYLOR, Flynn	Ipswich Jaffa
24	14.06	BANK, Marcus	Ely Runners
25	15.36	BACON, Adam	Bedford & County AC
26	15.36	BANK, Callum	Ely Runners
27	16.54	ORR, Feddie	Ipswich Jaffa
28	16.57	KELLY, Olly	Ipswich Jaffa

### **TEAMS**

1	Bedford & County AC	3,4,16	= 23 points
2	Ipswich Jaffa	5,7,14	= 26 points
3	St.Edmund Pacers	6,11,17	= 34 points
4	Hunts AC	8,10,20	= 38 points
5	Ely Runners	13,24,26	= 63 points

### U15 Girls Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	13.57	WOODLEY, Heidi	Brentwood Beagles AC
2	14.27	KEEN, Alice	Ipswich Harriers
3	14.56	BROOKE, Violet	City of Norwich AC
4	14.57	STEWART, Erin	St.Edmund Pacers
5	15.00	HEATHER, Lexie	City of Norwich AC
6	15.20	TILLER, Missy	Brentwood Beagles AC
7	15.30	LYDON, Esme	Hunts AC
8	15.33	FORREST, Isabel	Brentwood Beagles AC
9	15.54	BONE, Lauren	Biggleswade AC
10	15.59	SMITH, Molly	St Edmund Pacers
11	16.01	McCART, Harriet	Ipswich Harriers
12	16.07	WHITING, Isla	St.Edmund Pacers
13	16.28	TAYLOR, Orla	St.Edmund Pacers
14	16.32	SOUTHWOOD, Bethan	St.Edmund Pacers
15	16.39	HILL, Nina	West Suffolk AC
16	17.04	BULLOCK, Caitlin	Cambridge & Coleridge AC
17	17.13	REDDISH, Imogen	Hunts AC
18	17.19	BALAAM, Elizabeth	Cambridge & Coleridge AC
19	17.22	McDONALD, Kitty	Cambridge & Coleridge AC
20	17.30	WOOD, Immy	Hunts AC
21	17.52	MOORE, Poppy	St.Edmund Pacers

### **TEAMS**

1	Brentwood Beagles AC	1,6,8	= 15 points
2	St.Edmund Pacers	4,10,12	= 26 points
3	Hunts AC	7,17,20	= 44 points
4	Cambridge & Coleridge	16,18,19	= 53 points

# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### U15 Boys Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	12.42	MacLENNON, Finn	Cambridge & Coleridge AC
2	12.59	LEGGE, Lewis	Peterborough & Nene Valley AC
3	13.01	CALVER Craig	West Suffolk AC
4	13.07	ARNOLD-PEPPER, Joel	Cambridge & Coleridge AC
5	13.12	SUMMERS, Jake	Herts Phoenix AC
6	13.18	CANTELL, Harry	Cambridge & Coleridge AC
7	13.23	HOLLINGS-YATES, Freddie	Herts Phoenix AC
8	13.26	HOWARD, Leo	Hunts AC
9	13.27	DE KONING, Andrew	Cambridge & Coleridge AC
10	13.28	WEDDELL, Oliver	Biggleswade AC
11	13.39	WARD, Ethan	West Norfolk AC
12	13.46	LEMANSKI, Nathaniel	Cambridge & Coleridge AC
13	13.46	HAMMOND, Sidney	Biggleswade AC
14	13.50	MURRAY, Thomas	West Norfolk AC
15	13.52	WADE, Ethan	Ipswich Jaffa
16	13.58	TINSDALE, Joshua	North Norfolk Harriers
17	13.59	DORAN, Harry	Gt.Yarmouth & District AC
18	14.03	COOMBES, Oliver	Bedford & County AC
19	14.05	SMITH, Finlay	Peterborough & Nene Valley AC
20	14.11	BENSTEAD, Frankie	Hunts AC
21	14.13	BONE, Jack	Hunts AC
22	14.16	WOOD-DAVIS, Monty	Peterborough & Nene Valley AC
23	14.25	KELLY, Alfie	Ipswich Jaffa
24	14.27	LOCKE, Ethan	Hunts AC
25	14.28	LUPSA, David	St.Edmund Pacers
26	14.33	WILLIAMS, Fraser	Bedford & County AC
27	14.37	THOMAS, Harvey	Newmarket Joggers
28	14.40	YAXLEY, Elliot	St.Edmund Pacers
29	14.43	SPALDING Louis	Hunts AC
30	14.46	LAMBERT, Oliver	St.Edmund Pacers
31	14.47	PYECROFT, Henry	Bedford & County AC
32	14.57	BEARDON, Toby	Ely Runners
33	15.06	COTTON, Austin	Sleaford Striders AC
34	15.12	FERGUSON, Dexter	Bedford & County AC
35	15.38	LAMAS NAKAGAWA, Oliver	St.Edmund Pacers
36	20.42	HOWE, Oscar	St.Edmund Pacers
37	21.13	STIMSON, Toby	St.Edmund Pacers

### **TEAMS**

1	Cambridge & Coleridge	1,4,6	= 11 points
2	Peterborough & NV	2,19,22	= 43 points
3	Hunts AC	8,20,21	= 49 points
4	Bedford & County	18,26,31	= 75 points
5	St.Edmund Pacers	25,28,30	= 83 points

# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### U17 Women Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	22.24	FORREST, Olivia	Brentwood Beagles AC
2	23.21	KERSWELL, Eleanor	Cambridge & Coleridge AC
3	23.33	HUGHES, Cressida	Cambridge & Coleridge AC
4	25.09	MOORE, Isabel	St.Edmund Pacers
5	25.20	STEWART, Ella	St.Edmund Pacers
6	26.28	WOOLDRIDGE, Tilly	St.Edmund Pacers
7	26.54	WINSTANLEY, Alice	St.Edmund Pacers
8	26.56	MEARS, Ava	North Norfolk Harriers
9	26.57	RAE-SMITH, Ruby	Ely Runners
10	27.20	HARRIS, Freya	Hunts AC
11	27.22	CLAYTON, Evie	West Norfolk AC
12	28.06	NOTTAGE, Faye	Gt.Yarmouth & District AC
13	28.16	BOWEN, Darcy	Ipswich Jaffa
14	28.35	RUSSELL, Kate	Haverhill RC
15	30.17	EDRIDGE, Eloise	North Norfolk Harriers
16	31.35	ALLEN, Olivia	North Norfolk Harriers
17	31.55	REINDEL, Lily Louise	Hunts AC

### **TEAMS**

1	St.Edmund Pacers	4,5,6	= 15 points
2	North Norfolk Harriers	8,15,16	= 39 point

### U17 Men Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	20.24	MELERO, Sebastian	St.Edmund Pacers
2	21.01	ECCLES, Billy	Bure Valley Harriers
3	21.05	McDONALD, Sandy	Cambridge & Coleridge AC
4	21.26	JOHNSON, Adam	Cambridge & Coleridge AC
5	21.30	PECK, Connor	Ipswich Jaffa
6	21.36	UTTLEY, Max	Debenham High School
7	21.51	READ, Harry	Ipswich Harriers
8	21.59	BOSHER, Sam	Bedford & County AC
9	22.06	VAN-PARIDON Kalle	Cambridge & Coleridge AC
10	22.15	ALBONE, Oliver	Hunts AC
11	22.32	RICHARDS, Thomas	Hunts AC
12	22.35	STOKES, Dylan	Bedford & County AC
13	22.38	SKIVINGTON, Isaac	North Norfolk Harriers
14	22.49	SCOTT, Harry	Bedford & County AC
15	22.56	CROWTHER, William	Hunts AC
16	23.18	DANOBREGA, Zachary	Bedford & County AC
17	23.28	LIFE, Jonah	North Norfolk Harriers
18	23.55	SAMWAYS, Archie	St.Edmund Pacers
19	24.05	DEBBAGE, Milo	North Norfolk Harriers
20	24.24	NEALE, Tobias	North Norfolk Harriers
21	24.30	ROBERTS, Joshua	Ipswich Jaffa

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## 2024 CROSS COUNTRY CHAMPIONSHIPS

### U17 Men Race Con't

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
22	25.53	SOUTHWOOD, Thomas	St.Edmund Pacers
23	26.24	PECK, Matthew	Ipswich Jaffa
24	31.22	SMITH, George	Ely Runners

### TEAMS

1	Cambridge & Coleridge	3,4,9	= 16 points
2	Bedford & County AC	8,12,14	= 34 points
3	Hunts AC	10,11,15	= 36 points
4	St.Edmund Pacers	1,18,22	= 41 points
5	North Norfolk Harriers	13,17,19	= 49 points
6	Ipswich Jaffa	5,21,23	= 49 points

### U20 Women Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	26.04	JONAS, Esme	City of Norwich AC
2	27.14	HAMMOND, Freya	West Suffolk AC
3	27.40	MITCHELL Isobel	Ipswich Harriers
4	29.00	PESCOD, Emma	Cambridge & Coleridge AC

### NO TEAMS

### U20 Women Inter-Counties Race

### NO TEAMS

### U20 Men Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	26.03	HOLLANDS, Will	St.Edmund Pacers
2	26.24	TAYLOR, Thomas	St.Edmund Pacers
3	26.58	TAYLOR, Archie	St.Edmund Pacers
4	27.18	WIGMORE, Joshua	Haverhill RC
5	27.21	REYNOLDS, Corben	Gt.Yarmouth & District AC
6	27.38	PAULEY, Dominic	Hunts AC
7	27.38	MOYNIHAN, Julian	Ely Runners
8	27.51	HAWKINS, Aaron	Hunts AC
9	29.17	WASSMER, William	Gt.Yarmouth & District AC

### TEAMS

1	St.Edmund Pacers	1,2,3	= 6 points
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# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### U20 Men Inter-Counties Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	26.03	HOLLANDS, Will	Suffolk AA
2	26.24	TAYLOR, Thomas	Suffolk AA
3	26.58	TAYLOR, Archie	Suffolk AA
4	27.38	PAULEY, Dominic	Cambridgeshire
5	27.38	MOYNIHAN, Julian	Cambridgeshire
6	27.51	HAWKINS, Aaron	Cambridgeshire

### **TEAMS**

1	Suffolk	1,2,3	= 6 points
2	Cambridgeshire	4,5,6	= 15 points

### Senior and Masters Men Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Category</i>
1	36.46	McCREA, James	Hallamshire Harriers	SM
2	37.14	WHITE, Liam	Felixstowe RR	SM
3	37.40	SMITH, Chistopher	Hunts AC	SM
4	39.05	ORRELL, James	Hunts AC	SM
5	39.54	ROBSON, Robert	Newmarket Joggers	V40
6	41.14	WILSON James	Saxmundham SR & FC	SM
7	41.26	AMOS, Martin	Hunts AC	V40/E40
8	41.30	HAYWARD, Mark	Newmarket Joggers	V40
9	41.31	COOMBES, Simon	Herne Hill Harriers	V50
10	41.35	BREAR CLARKSON, Paul	Ely Runners	SM
11	41.09	LAST, Jim	Framlingham Flyers	V40/E45
12	41.56	BOWMAN, Simon	Hunts AC	SM/E35
13	42.07	FARRAR, Tyrone	Hunts AC	V50/E50
14	42.23	BELL, Aden	St.Edmund Pacers	SM/E35
15	42.24	DAYKIN, Oliver	Newmarket Joggers	SM
16	42.26	WAIN, Paul	Ipswich Jaffa	SM
17	42.50	BENDALL, Joey	Newmarket Joggers	SM/E35
18	42.59	SOUTHWOOD, Andrew	St.Edmund Pacers	V40
19	43.35	TAWELL, Hugh	Newmarket Joggers	SM
20	43.41	SHEPPARD, Steven	Peterborough & Nene Valley	SM
21	44.00	SMITH, James	Newmarket Joggers	V40
22	44.20	LEVINSON, Tom	Ely Runners	V40/E45
23	44.29	WILLIAMS, Scott	St.Edmund Pacers	SM/E35
24	44.37	ELMER, Christopher	West Norfolk AC	SM
25	45.03	WEBB, Robin	Ely Runners	V40
26	45.27	CLARKE, Nicholas	Ipswich Jaffa	V40
27	45.50	MOORE, Morgan	Stowmarket Striders	SM
28	45.56	PRITCHARD, Alan	Cambridge & Coleridge AC	V50/E50
29	46.40	BOYCE, Thoe	Ely Runners	V40
30	46.57	ELMORE, Aidan	St.Edmund Pacers	SM
31	47.13	MEZZETTI, Ed	Cambridge & Coleridge AC	V40/E40
32	47.31	HOLLEY, Paul	Newmatket Joggers	V50

# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

33	47.37	DAVIES, Gavin	Ipswich Jaffa	V40
34	48.19	THORPE, John	Ipswich Jaffa	V50
35	48.23	CHUBB, Peter	Springfield Striders RC	V50/E55
36	50.16	HUTCHISON, Dan	Newmarket Joggers	V40
37	51.58	WORTH, Eliot	Brentwood Beagles AC	V50
38	53.03	MOWER, Chris	St.Edmund Pacers	V40/E45
39	53.10	CLARKE-DAVIS, Josh	St.Edmund Pacers	SM
40	53.36	HILL, Richard	Ely Runners	SM
41	54.03	BISHOP, Matthew	St.Edmund Pacers	SM
42	55.29	GEARY, Darin	Stowmarket Striders	V50
43	56.22	SERVANT, Chris	Ipswich Jaffa	V50
44	65.38	CHURCHARD, Bryan	St.Edmund Pacers	SM

### TEAMS

1	Newmarket Joggers	5,8,15,17,19,21	= 85 points
2	St.Edmund Pacers	14,18,23,30,38,39	= 162 points

### Senior Men Inter-Counties Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	37.40	SMITH, Chistopher	Cambridgeshire
2	39.05	ORRELL, James	Cambridgeshire
3	41.26	AMOS, Martin	Cambridgeshire
4	41.30	HAYWARD, Mark	Suffolk
5	41.56	BOWMAN, Simon	Cambridgeshire
6	41.09	LAST, Jim	Suffolk
7	42.26	WAIN, Paul	Suffolk
8	42.50	BENDALL, Joey	Suffolk
9	43.35	TAWELL, Hugh	Suffolk
10	50.16	HUTCHISON, Dan	Suffolk

### TEAMS

2	Cambridgeshire	1,2,3	= 6 points
3	Suffolk	4,6,7	= 17 points

### Senior and Masters Women Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Category</i>
1	24.46	MAPP, Lucy	Hunts AC	SW
2	24.57	CASON, Laura	Ipswich Jaffa	SW
3	24.57	AUSTIN, Katie	Ipswich Jaffa	W35/E40
4	25.00	BIRD Sara	Ipswich Jaffa	W35/E35
5	25.11	PETTERSSON, Hannah	Ipswich Harriers	SW
6	25.14	NASH, Emily	Felixstowe RR	SW
7	25.23	CARTER, Gem	St.Edmund Pacers	W35/E35
8	25.26	KING, Katie	St.Edmund Pacers	W35/E35
9	25.29	BLAZEY, Laura	St.Edmund Pacers	W35/E40
10	25.40	BULLER, Helen	St.Neots Riverside Runners	W45/E45
11	25.42	BAILEY, Ginte	Havering AC	W35/E35
12	25.49	WILLIAMS, Madeleine	Ely Runners	SW
13	25.49	MATSON, Robyn	Havering AC	W35/E35

# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### Senior and Masters Women Race Con't

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Category</i>
14	26.05	CANT, Jasmine	Ipswich Harriers	SW
15	26.21	JEFFERY, Cath	St.Edmund Pacers	W45/E45
16	26.42	WILSON-BROWN, Kathy	Ipswich Jaffa	SW
17	26.59	DARNELL, Amelia	Hunts AC	SW
18	27.18	WARREN, Sharon	Cambridge & Coleridge	W45/E50
19	28.20	JENNINGS, Val	Ipswich Jaffa	W45/E60
20	28.26	GODFREY, Stefanie	Cambridge & Coleridge	W45/E55
21	29.13	WOOD, Eleanor	Ely Runners	SW
22	29.17	WHEELER, Kirsty	Lowestoft RR	W35/E35
23	29.51	DAVIES, Clare	Havering AC	W35/E35
24	31.38	HICKS, Lizbeth	Ipswich Harriers	W35/E35
25	31.39	HARRISON, Phrancesca	Gt.Yarmouth & District AC	W35/E35
26	33.23	STOCKER, Pauline	Hunts AC	W45/E60
27	37.52	JACKSON, Lesley	Hunts AC	W45/E50
28	50.32	BRIGHTMAN, Pat	Gt.Yarmouth & District AC	W45/E70

### **TEAMS**

1	Ipswich Jaffa	2,3,4	= 9 points
2	St.Edmund Pacers	7,8,9	= 24 points
3	Hunts AC	1,17,26	= 44 points
4	Havering AC	11,13,23	= 47 points

### Senior Women Inter-Counties Race

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>
1	24.46	MAPP, Lucy	Cambridgeshire
2	25.11	PETTERSSON, Hannah	Suffolk
3	25.23	CARTER, Gem	Suffolk
4	25.26	KING, Katie	Suffolk
5	25.29	BLAZEY, Laura	Suffolk
6	26.21	JEFFERY, Cath	Suffolk
7	26.59	DARNELL, Amelia	Cambridgeshire
8	27.18	WARREN, Sharon	Cambridgeshire
9	28.26	GODFREY, Stefanie	Cambridgeshire

### **TEAMS**

1	Suffolk	2,3,4	= 9 points
2	Cambridgeshire	1,7,8	= 16 points



# EASTERN ATHLETIC ASSOCIATION

## 2024 CROSS COUNTRY CHAMPIONSHIPS

### **Masters Men 60+ Race**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Category</i>
1	25.10	HOWARD, Stephen	Ely Runners	V60/E65
2	25.25	LE MARE, Simon	Leigh-on-Sea Striders	V60/E60
3	26.55	CHAPMAN, Graham	Ely Runners	V60/E65
4	27.31	THOMAS, Glynn	Ipswich Jaffa	V60
5	27.50	WOLD, Richard	Felixstowe RR	V60/E65
6	28.19	DARNELL, Derek	Hunts AC	V60/E65
7	31.26	HICKS, Stephen	Ipswich Harriers	V60/E60
8	31.27	STOCKER, Jim	Hunts AC	V60/E75
9	32.55	NEWTON, Tim	Ipswich Jaffa	V60/E70
10	34.28	LAWRENCE, Shane	Eastern Masters AC	V60/E65

### **Arthur Berry Cup (Lowest Aggregate)**

NO COUNTIES CLOSED with Four teams.